

Perry County 4-H
January 2021

4-H YOUTH DEVELOPMENT
UT EXTENSION
INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE



CLOVER CONNECTION

January Contest

Public Speaking contest-

4th-8th grade speakers can choose a topic of their choice.

4th Grade– 1-2 minutes in length.

5th Grade– 2-3 minutes in length.

6th Grade– 3-4 minutes in length.

7th & 8th Grades– 4-5 minutes in length.

9th-12th Grades– All speeches should relate, in some way, to the members experiences in 4-H and/or the things learned through 4-H. (It should be a promotional speech for 4-H.) 5-7 minutes in length.

Poster contest-

- Make sure your poster is promoting 4-H.
- Your poster should be 14"X22" (half of a poster board) and everything must be drawn horizontal.
- Do not use copyrights, or well known cartoon characters, be creative and original.
- Choose a catchy slogan or idea.
- Make your artwork relate to your slogan.

4-H CAMP

- **OWLS– Outdoor Wildlife Leadership Camp**– June 1-4, 2021 (6th-10th grade) Brandon Springs \$190
- **Junior High Academic Conference**– June 8-11, 2021 (6th-8th grade) UT Knoxville- \$75



- **4-H Junior Camp**– June 7-11, 2021 (4th-6th grade) Ridley 4-H Camp-Columbia \$300
- **Electric Camp**– June 28-July 1, 2021 (6th-7th grade) UTK \$290
- **Junior High Adventure Camp**– July 5-9, 2021 (7th-8th grade) Ridley 4-H Camp-Columbia \$315
- **Line & Design Camp**– July 5-7, 2021 (6th-12th grade) UT Martin \$120
- **Culinary University**– July 7-9, 2021 (9th-12th) UT Martin- \$100
- **Target Smart Camp**– July 12-16, 2021 (6th-12th grade) Greenville- \$315

Camps are available throughout the summer and as a 4-H member, your child can attend as many as he/she wants. 4-H members will be under the direct supervision of Extension agents and volunteer leaders (parents) and led by seasoned outstanding senior 4-H club members.





What can you say if you are offered drugs?

You know that drugs can cause terrible problems. Sometimes the hardest part is saying “**NO**” to someone who offers you drugs. It takes courage, but you can do it! Actually, most teens have made the decision to not use drugs. If your put on the spot, you can feel like you have no clue wat to say. If you plan ahead, it will be a lot easier to stay strong.



Ways to say “NO” to drugs-

- “Everybody is doing drugs” - I think plenty of people aren’t doing drugs. Anyway, it’s not right for me.
- “Pot will make you feel good” - I already feel pretty good. And, I don’t want to mess that up.
- “If your my friend, you’ll get high with me” - I really like you, I just don’t like drugs.
- “Nobody will know” - I’m not taking any chances. I’d be grounded for life if I got caught.
- “This is really cool stuff” - I know someone who got really sick from that. That’s not cool at all.

Adapted from girlshealth.gov



4-H Health Rocks! Carnival Game

Play the Health Rocks Carnival game!

The app is a great way to test your knowledge while having fun! Make sure you create a login to track your progress against others in the leader-board.

Via desktop on the web:

<http://www.healthrockscarnival.com/>

New 4-H Extension Agent!!!

Hello! I am so excited to be the new 4-H and Family and Consumer Sciences Extension Agent in Perry County. I loved 4-H and camp as a child. I can’t wait to share my love and knowledge of 4-H with you! If you have any questions, please feel free to reach out. You can reach me at

931-589-6788 or jsmit615@utk.edu

- Jenny Smith

We are excited to be back with you! We will start having 4-H club meetings virtually this month. Meetings are held once a month.

January Club meetings will cover-

Grades 4-6: Health Rocks!

Grades 7-8: What Personality Type Am I!?

February Club meetings will cover-

Grades 4-6: Manners & Hygiene

Grades 7-8: On My Own (allowance/spending game)

February Contest

Piggy Bank contest

Photography contest

Some community service ideas for January include donating peanut butter and jelly for a local food pantry.

For February, make homemade Valentine cards to be donated to a local nursing home.

These items can be dropped off at the UT Extension office at 113 Factory Street. Or, if you do them as a club, let Jenny know and she will pick them up!!